

Behavioural Risk Factor Survey 2010 (April) - Coding Manual

Variable	Question	Code / Code Description
Identifier	Case number	-
sex	Record the gender	1 Male 2 Female
v5x	What is your height without wearing shoes? (cm)	777 Outlier (<100cm or >190cm) / pregnant 998 Don't know 999 Refuse to answer
v6x	What is your weight wearing simple clothes? (kg)	777 Outlier (<37kg or >120kg) / pregnant 998 Don't know 999 Refuse to answer
v7x	What is your waist circumference? (cm)	777 Outlier (<50cm or >120cm) / pregnant 998 Don't know 999 Refuse to answer
v8_r	What do you think about your current weight?	1 Overweight 2 Just right 3 Underweight 77 Outliers (of v5x or v6x) / pregnant 98 Don't know 99 Refuse to answer
v9	During the last 7 days, on how many days did you do vigorous physical activities?	0 0 days 1 1 day 2 2 days 3 3 days 4 4 days 5 5 days 6 6 days 7 7 days 98 Don't know 99 Refuse to answer
v10	On those days that you have performed vigorous physical activities for at least 10 minutes, how much time on average per day did you usually spend on doing vigorous physical activities? (minutes)	0 Not applicable (for v9=0) 9998 Don't know 9999 Refuse to answer
v11	During the last 7 days, on how	0 0 days

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	many days did you do moderate physical activities?	1 1 day 2 2 days 3 3 days 4 4 days 5 5 days 6 6 days 7 7 days 98 Don't know 99 Refuse to answer
v12	On those days that you have performed moderate physical activities for at least 10 minutes, how much time on average per day did you usually spend on doing moderate physical activities? (minutes)	0 Not applicable (for v11=0) 9998 Don't know 9999 Refuse to answer
v13	During the last 7 days, how many days in total did you have moderate physical activities for at least 30 minutes, or vigorous physical activities for at least 20 minutes?	0 0 days 1 1 day 2 2 days 3 3 days 4 4 days 5 5 days 6 6 days 7 7 days 98 Don't know 99 Refuse to answer
v14	During the last 7 days, on how many days did you walk for at least 10 minutes at a time?	0 0 days 1 1 day 2 2 days 3 3 days 4 4 days 5 5 days 6 6 days 7 7 days 98 Don't know 99 Refuse to answer
v15	On those days that you have walked for at least 10 minutes at a time,	0 Not applicable (for v14=0) 9998 Don't know

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	how much time on average did you usually spend on walking in one of those days? (minutes)	9999 Refuse to answer
v16	During the last 7 days, how much time on average did you usually spend on sitting on a weekday? (minutes)	7777 Outlier (<10 mins or >900 mins) 9998 Don't know 9999 Refuse to answer
v17	During the past 30 days, how often did you exercise in your leisure time, which at least made you breathe somewhat harder than normal and sweat?	1 Once or more a day 2 4-6 times / week 3 2-3 times / week 4 Once a week 5 2-3 times a month 6 Once a month 7 Less than once a month 98 Don't know 99 Refuse to answer
v18	On average, how many days do you eat fruit each week? (not including fruit juice)	1 1 day 2 2 days 3 3 days 4 4 days 5 5 days 6 6 days 7 7 days 8 None 98 Don't know 99 Refuse to answer
v19	On average, how many fruit did you eat on one of those days?	0 Not applicable (for v18=8) 98 Don't know 99 Refuse to answer
V20	On average, how many days do you eat vegetables each week? (not including vegetable juice)	1 1 day 2 2 days 3 3 days 4 4 days 5 5 days 6 6 days 7 7 days 8 None 98 Don't know

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		99 Refuse to answer
v21	On average, how many bowls of cooked vegetables did you eat on one of those days?	0 Not applicable (for v20=8) 98 Don't know 99 Refuse to answer
v22	On average, how many days do you drink at least one cup of fruit or vegetable juice each week?	1 1 day 2 2 days 3 3 days 4 4 days 5 5 days 6 6 days 7 7 days 8 None 98 Don't know 99 Refuse to answer
v25	Have you smoked before?	1 Yes, but not now 2 Yes, and still smoking 3 Never 98 Don't know 99 Refuse to answer
v26	How long have you abstained from smoking?	0 Not applicable (for v25≠1) 1 Had abstained for less than 1 month 2 Had abstained for 1 month to 1 year 3 Had abstained for more than 1 year 98 Don't know 99 Refuse to answer
v27	How many cigarettes do you smoke on average per day?	0 Not applicable (for v25≠2) 1 Less than 1 cigarette per day now 2 1-10 cigarettes per day now 3 11-20 cigarettes per day now 4 More than 20 cigarettes per day now 98 Don't know 99 Refuse to answer
v28	Have you ever had at least one alcoholic drink?	1 Yes, during the last month 2 Yes, during the previous 2-12months 3 Yes, more than 12 months ago 4 No 98 Don't know 99 Refuse to answer

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v29x	On how many days per week during the last 30 days, on average, did you drink at least one alcoholic drink?	0 Not applicable (for v28=2, 3, 4) 1 Daily 2 6 days per week 3 5 days per week 4 4 days per week 5 3 days per week 6 2 days per week 7 1 day per week 8 Less than 1 day per week 77 Outlier (for v30x=777) 98 Don't know 99 Refuse to answer
v30x	How many standard units of drinks on average per day did you drink on those days?	555 Not applicable (for v28=2, 3, 4) 777 Outlier (>24 units) 998 Don't know 999 Refuse to answer
v31_r	In the last 30 days, did you drink at least 5 glasses or cans of alcohol on one occasion?	0 Not applicable (for v28=2, 3, 4) 1 Yes 2 No 77 Outlier (for v30x=777) 98 Don't know 99 Refuse to answer
v32_r	How many times did you do this in the last 30 days?	0 Not applicable (for v28=2, 3, 4 or v31_r=2) 1 Once 2 Twice 3 Three times or more 77 Outlier (for v30x=777) 98 Don't know 99 Refuse to answer
v33_r	In the last 30 days, did you drink so much and exhibited signs or drunkenness, such as flushed face or reddened eyes, slurred or incoherent speech, unsteady feet or staggering gait, vomiting and hangover in the next day?	0 Not applicable (for v28=2, 3, 4) 1 Yes 2 No 77 Outlier (for v30x=777) 98 Don't know 99 Refuse to answer
v34_r	How many times did you do this in the last 30 days?	0 Not applicable (for v28=2, 3, 4 or v33_r=2) 1 Once

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		2 Twice 3 Three times or more 77 Outlier (for v30x=777) 98 Don't know 99 Refuse to answer
v69	What is your age?	998 Don't know 999 Refuse to answer
v70	What is your highest educational attainment?	1 Primary or below 2 Had not completed secondary 3 Completed secondary (F5) 4 Matriculation 5 Tertiary (non-degree)/degree or above 99 Refuse to answer
v71	What is your marital status?	1 Never married 2 Married and with child (ren) 3 Married and without child (ren) 4 Divorced or Separated 5 Widowed 6 Refused to answer
v72	Are you currently engaged in a job?	1 Yes 2 No 99 Refuse to answer
v73	What is your occupation?	0 Not applicable (for v72 ≠ 1) 1 Employers/Managers/Administrator 2 Professional 3 Associate Professional 4 Clerk 5 Service worker 6 Shop sales worker 7 Skilled agricultural/fishery worker 8 Craft and related worker 9 Plant and machine operator and assembler 10 Un-skilled worker 11 Others 99 Refuse to answer
v74	Are you a ... (if not employed)	0 Not applicable (for v72 ≠ 2) 1 Student 2 Home-maker

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		3 Unemployed person 4 Retired person 5 Others 98 Don't know 99 Refuse to answer
v75	How much is your monthly personal income including all the income?	0 Not applicable (for v72 ≠ 1) 1 None 2 \$1-1,999 3 \$2,000-3,999 4 \$4,000-5,999 5 \$6,000-7,999 6 \$8,000-9,999 7 \$10,000-11,999 8 \$12,000-13,999 9 \$14,000-15,999 10 \$16,000-17,999 11 \$18,000-19,999 12 \$20,000-24,999 13 \$25,000-29,999 14 \$30,000-34,999 15 \$35,000-39,999 16 \$40,000-44,999 17 \$45,000-49,999 18 \$50,000 or above 19 Refuse to answer 98 No fixed income / Don't know
v76	How much is your monthly household income including all the income?	1 Less than \$2,000 2 \$2,000-3,999 3 \$4,000-5,999 4 \$6,000-7,999 5 \$8,000-9,999 6 \$10,000-11,999 7 \$12,000-13,999 8 \$14,000-15,999 9 \$16,000-17,999 10 \$18,000-19,999 11 \$20,000-24,999 12 \$25,000-29,999

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		13 \$30,000-34,999 14 \$35,000-39,999 15 \$40,000-44,999 16 \$45,000-49,999 17 \$50,000-54,999 18 \$55,000-59,999 19 \$60,000 or above 20 Don't know 21 Refuse to answer
v77	How many 'dependents' do you currently have?	99 Refuse to answer
V78	What is your type of living quarter?	1 Public rental flats 2 Housing Authority subsidized sale flats 3 Housing Society subsidized sale flats 4 Private residential flats 5 Villas / Bungalows / Modern village houses 6 Simple stone structures / Traditional village houses 7 Staff quarters 8 Non-domestic quarters 98 Don't know 99 Refuse to answer
v79	How many people are living in the household, including yourself but excluding live-in maids?	98 Don't know 99 Refuse to answer
Weighting	Weighting applied in the survey	-